



# Menu for the Week of September 24-30, 2017

## Patio Grille & Cafe Hours

Breakfast: 6:00 am-9:30 am

Lunch: 10:30 am – 2:00 pm

Dinner: 4:00 pm-8:00 pm

Sunday Brunch: 10:30 am-2:00 pm

Phelps OPC Food Cart: 6:30 am-1:00 pm (M-F only)

## Sidewalk Café Hours:

6:30 am-5:00pm (M-F only)

The fork means you are making healthier choices!

(ALL MENU ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY)

SUNDAY SEPTEMBER 24, 2017

### ITALIAN GRILLE

**MEAT OR VEGETABLE LASAGNA w/MARINARA OR ALFREDO SAUCE**

**SERVED WITH STEAMED BROCCOLI, & GARLIC BREAD**

**CARVED BEEF BRISKET**

#### Meat & Veggies

*Fried Chicken, Fried Pork Chops, Chicken & Dumplings*

*Steamed Rice, Mashed Potatoes, Brown Gravy, Black Eyed Peas, Collard Greens*

*Candied Yams, Green Beans, Fried Okra, & Peach Cobbler*

MONDAY SEPTEMBER 25, 2017

**POTATO CRUSTED TILAPIA w/ JALEPENO ORANGE SAUCE**

**COUNTRY STYLE RICE, STEAMED BROCCOLI & GARLIC BREAD**

**CARVED BLACKENED PORK LOIN**

#### Meat & Veggies

*Honey Glazed Baked Chicken, Spaghetti Bake, BBQ Ribs*

*Steamed Rice, Mashed Potatoes, Brown Gravy, Steamed Broccoli, Creamed Spinach*

*Peas & Carrots, Corn Nuggets, Green Beans, & Apple Cobbler*

TUESDAY SEPTEMBER 26, 2017

### CHICKEN SANDWICH GRILLE

**NASHVILLE STYLE HOT FRIED CHICKEN, TOPPED WITH SLAW ON A WARM**

**CIABATTA ROLL, SERVED WITH POTATO SALAD**

**CARVED PIT HAM**

#### Meat & Veggies

*Fried Chicken, Baked Tilapia w/ Shrimp Crème Sauce, Beef Stew*

*Steamed Rice, Mashed Potatoes, Brown Gravy, Field Peas, Turnip Greens*

*Green Bean Casserole, Buttered Corn, Fried Squash, & Cherry Cobbler*

WEDNESDAY SEPTEMBER 27, 2017

### POTATO PATCH

**SOUTHWEST POTATO, SOUTHERN BBQ POTATO, LOADED POTATO**

**CARVED BEEF BRISKET**

#### Meat & Veggies

*Fried Chicken, Swedish Meat Balls w/ Egg Noodles, Chicken Enchilada Casserole*

*Broccoli & Cheese Rice, Mashed Potatoes, Brown Gravy, Field Peas & Snaps, Collard Greens*

*Green Peas, Candied Yams, Creamed Corn, & Peach Cobbler*

THURSDAY SEPTEMBER 28, 2017

### DELUXE FRIED CHICKEN SALAD GRILLE

**FRIED CHICKEN TENDERS, DICED CUCUMBER, TOMATOES**

**CHEESE, AND SLICED ALMONDS OVER ROMAINE LETTUCE w/SIDE OF TEXAS TOAST**

**CARVED PORK LOIN**

#### Meat & Veggies

*Fried Chicken, Salisbury Steak w/ Sautéed Onions, Turkey Tetrazzini*

*Mashed Potatoes, Steamed Rice, Brown Gravy, Black-eyed Peas, Mustard Greens*

*Green Beans, Fried Okra, Broccoli Cauliflower Medley, & Peach Cobbler*

FRIDAY SEPTEMBER 29, 2017

### CHICKEN WINGS GRILLE

**SIX WINGS(HOT, TERIYAKI, BBQ OR PLAIN), FRENCH FRIES, OR POTATO SALAD**

**CELERY STICKS & CHOICE of BLEU CHEESE or RANCH**

**CARVED PORK LOIN,**

#### Meat & Veggies

*Meat Loaf, Crispitos Supreme, Baked Tilapia Vera Cruz*

*Steamed Rice, Mashed Potatoes, Brown Gravy, Pinto Beans, Sautéed Cabbage*

*Green Peas, Honey Glazed Carrots, Succotash, & Cherry Cobbler*

SATURDAY SEPTEMBER 30, 2017

**PATIO GRILLE, STONE OVEN PIZZA, DRUID CITY DELI, SOUP & SALAD BAR**

#### Meat & Veggies

*Fried Chicken, Spaghetti Bake, Grilled Beef Liver and Onions*

*Steamed Rice, Mashed Potatoes, Brown Gravy, Lima Beans, Turnip Greens*

*Fried Okra, Squash Casserole, Corn Nuggets, & Peach Cobbler*



## Menu for the Week of October 1-7, 2017

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(ALL MENU ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY)

SUNDAY OCTOBER 1, 2017

**CATFISH GRILLE**

**FRIED CATFISH, FRENCH FRIES, OR**

**COLE SLAW & HUSHPUPIES**

**CARVED ROAST BEEF**

**Meat & Veggies**

*Baked Chicken, Sliced Roast Pork, Chicken Parmesan*

*Steamed Rice, Macaroni & Cheese, Brown Gravy, Lima Beans, Collard Greens*

*Fried Okra, Fiesta Corn, Candied Yams, & Apple Cobbler*

MONDAY OCTOBER 2, 2017

**PATTY MELT GRILLE**

**ALL BEEF PATTY SERVED ON GRILLED TOAST w/MELTED CHEESE**

**ONIONS & PEPPERS, MUSHROOMS & SEASONED HOMEMADE POTATO CHIPS**

**CARVED PIT HAM**

**Meat & Veggies**

*Fried Chicken, BBQ Ribs, Baked Tilapia w/ Lemon Dill Sauce*

*Steamed Rice, Au Gratin Potatoes, Brown Gravy, Green Peas, Baked Beans*

*Zucchini Parmesan Casserole, Corn on the Cob, Buttered Carrots, & Apple Cobbler*

TUESDAY OCTOBER 3, 2017

**HEALTHY CHICKEN GRILLE**

**BONELESS CHICKEN BREAST MARINATED WITH FRESH HERBS AND OLIVE OIL**

**LEMON HERBED QUINOA, SERVED WITH FRESH PICKLED VEGETABLES**

**CARVED BEEF BRISKET**

**Meat & Veggies**

*Fried Chicken, Hawaiian Style Boneless Pork Chops, Beef Stew*

*Steamed Rice, Mashed Potatoes, Brown Gravy, Pinto Beans, Collard Greens*

*Green Beans, Candied Yams, Fiesta Corn, & Peach Cobbler*

WEDNESDAY OCTOBER 4, 2017

**PHILLY CHEESE STEAK GRILLE**

**PHILLY CHEESE STEAK SANDWICH w/ SAUTEED ONIONS & PEPPERS**

**FRIED POTATO WEDGES OR COLESLAW**

**CARVED SAN FRANCISCO PORK LOIN**

**Meat & Veggies**

*Fried Chicken, Sliced Roast Beef & Gravy, Country Fried Steak w/ Sawmill Gravy*

*Steamed Rice, Roasted Red Potatoes, Brown Gravy, Green Peas, Baby Lima Beans*

*Turnip Greens, Corn on the Cob, Glazed Carrots, & Apple Cobbler*

THURSDAY OCTOBER 5, 2017

**SOUTHWESTERN GRILLE**

**CHICKEN CHIMICHANGAS w/SEASONED BLACK BEANS, SPANISH RICE**

**QUESO BLANCO SAUCE & PICO DE GALLO**

**CARVED CHIPOTLE PORK LOIN**

**Meat & Veggies**

*Baked Chicken, Crisпитos Supreme, Baked Tilapia w/ Shrimp Creole Sauce*

*Steamed Rice, Mashed Potatoes, Brown Gravy, Mustard Greens, Succotash*

*Black-Eyed Peas, Fried Squash, Harvard Beets, & Cherry Cobbler*

FRIDAY OCTOBER 6, 2017

**CATFISH GRILLE**

**FRIED CATFISH OR CHEESY BAKED CATFISH, FRENCH FRIES**

**OR COLE SLAW & HUSHPUPIES**

**CARVED GLAZED PIT HAM**

**Meat & Veggies**

*Fried Chicken, Salisbury Steak w/ Mushrooms, Turkey Tetrazzini*

*Mashed Potatoes, Steamed Rice, Brown Gravy, Field Peas & Snaps, Creamed Spinach*

*Green Beans, Broccoli & Cauliflower Medley, Buttered Corn, & Peach Cobbler*

SATURDAY OCTOBER 7, 2017

**PATIO GRILLE, STONE OVEN PIZZA, DRUID CITY DELI, SOUP & SALAD BAR**

**Meat & Veggies**

*Fried Chicken, Polish Sausage w/ Peppers & Onions, Fried Cod Strips*

*Steamed Rice, Macaroni & Cheese, Brown Gravy, Lima Beans, Sautéed Cabbage*

*Green Peas & Onions, Zucchini Parmesan Casserole, Corn Nuggets, & Apple Cobbler*