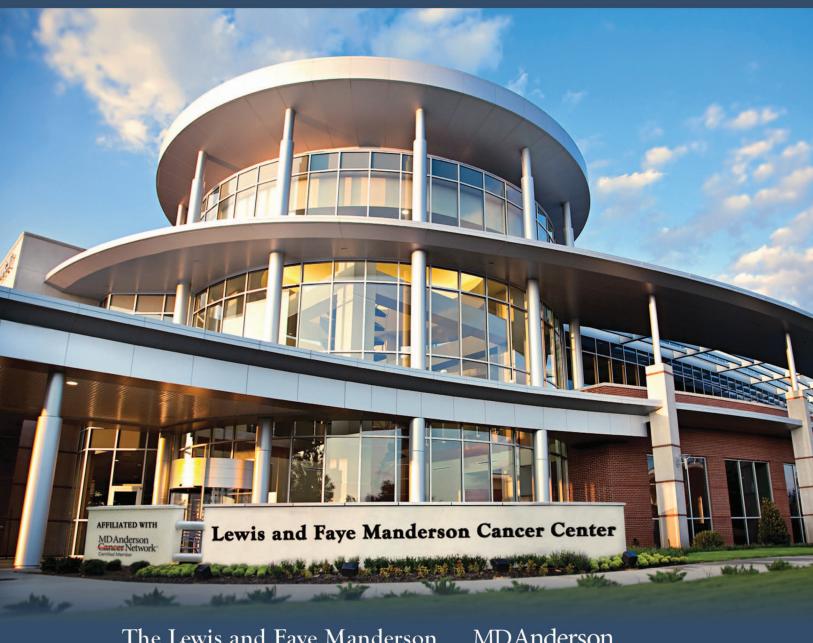


Lewis and Faye Manderson Cancer Center 2016 Annual Report

For 2015 data



The Lewis and Faye Manderson
Cancer Center

at DCH Regional Medical Center

MDAnderson Cancer Network™ Certified Member



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Cancer Committee

Andrew Harrell, MD Surgeon/Cancer Committee Chair

Joseph Wallace, MD Surgeon/Cancer Liaison Physician

Joshua Argo, MD General Surgeon

James Bankston, MD Diagnostic Radiologist

David Hinton, MD Medical Oncologist

Melanie Graham, MD Radiation Oncologist/Cancer Conference Coordinator

Curtis Tucker, MD Radiation Oncologist/Quality Improvement Coordinator

John Crew, MD Radiation Oncologist

Stephenie Dillard, MD Pathologist/Quality Control Coordinator

John Miller, MD Palliative Care Specialist

Wesley Spruill, MD Pain Control Specialist

Donna Marrero Vice President Outpatient/Ancillary Services

Adrian Newson Director of Manderson Cancer Center

Neshelle Hutton, CTR Certified Tumor Registrar

Sandy Barger, RN Outpatient Nurse Manager

Kathy Rainey, RN *Inpatient Nurse Manager*

Berni Dellapenna, ACBSW Social Worker

Danielle Daniel, RN Clinical Research Coordinator

Katrina Lewis Patient Navigator

Becky Greggs, RN Performance/Quality Improvement

Regina Jackson Nutrition Specialist

Hind Hamid, Pharm.D. Oncology Pharmacy Manager

Cathy Goins Senior Radiation Therapist

Ashley Stripling Community Outreach Coordinator

Jamie Pearson Quality Outcomes

Robb Small Pastoral Care Representative

Anna Lisa Weigel American Cancer Society Representative

Annetta Kirkman, CTR *Tumor Registry*

Adrian Newson named Director of the Lewis & Faye Manderson Cancer Center



Adrian Newson, Director Lewis & Faye Manderson Cancer Center

Adrian Newson, a native of Birdsong, Arkansas and the youngest of seven children, joined the DCH family June 6, 2016 as the Director of the Lewis & Faye Manderson Cancer Center.

He received a bachelors in science degree from The University of Arkansas for Medical Sciences, a certificate from the Baptist Hospital School of Radiation Therapy and a masters in science degree from The University of Memphis. He has worked in healthcare for the last 27 years as a Radiologic Technologist, Radiation Therapist, Educator, Director and Hospital Administrator.

He comes to DCH from Metro General Hospital in Nashville, where he served as the Administrative Director for Ambulatory Services. He is joined by his wife Sherry and daughter Destyni. Mr. Newson describes himself as a Christian, husband, father and life-long learner.

Dr. David Hinton honored for 25 years of service to our community



Medical Oncologist

On May 16, 2015, we celebrated 25 years of service with Dr. David Hinton and his family, staff, patients and their care-givers at the 18th annual BBQ & Blues event.

"The Help and Hope Patient Assistance Fund has a huge impact on the well-being of our patients," Dr. Hinton said. "Having this available to our patients for support while they are undergoing treatment is important to their successful treatment."

Dr. Hinton has spent his life caring for our community. He came to Tuscaloosa in 1989 and began his practice in Medical Oncology/ Hematology at the DCH Cancer Treatment Center, now the Lewis and Faye Manderson Cancer Center. For over 20 years, he served as medical director/president of Oncology Associates. He has been a long-standing supporter of the Help & Hope Patient Assistance Fund, recognizing first-hand how it impacts his patients both mentally and physically.

In his own words, Dr. Hinton says, "Cancer treatment here in Tuscaloosa has significantly changed in the past 25 years. We have better and more supportive options for cancer care for our patients. The

mentality of our patients shifted with the opening of the Cancer Center 6 years ago, and now the atmosphere is much more uplifting."

MyDCH Patient Portal Launched

Lewis and Faye Manderson Cancer Center is pleased to introduce a new service for patients through the MyDCH-Cancer Center patient portal. The portal, launched on Jan. 1, 2015, empowers patients and their families to play a more active role in their healthcare by providing secure, online access to healthcare information whenever and wherever it's needed.

The Patient Portal offers secure online access to information about cancer treatment anytime and anywhere. Through the Patient Portal, patients can view their appointments and test results, complete healthcare assessments, access educational materials and view contact information for their care team all from the comfort of their home.



Accessing the Patient Portal is easy and secure. The care team provides each patient a unique, secure PIN and detailed login instructions. For more information about accessing the Patient Portal for the first time, please contact us at (205) 330-3893 or mccsupport@dchsystem.com.

Ringing of the Bell



Cancer treatment can be a long and grueling fight, both physically and mentally, but finishing treatment is an important milestone in our patients' recovery. At the Lewis & Faye Manderson Cancer Center, patients finishing cancer treatment are encouraged to ring the "Victory Bell" as a symbol of triumph. Chemotherapy and its treatment can be so complex. The bell is something so simple that it can give hope. Hopefully patients are saying, "Someday, I'll be able to ring that bell." It helps mark successful completion, but also recognizes that just making it through the weeks of treatment is also considered an achievement. Family members and friends, other patients and staff who hear the ringing of the bell begin clapping, smiling and shedding tears of joy in celebration with the patient.

AS YOU RING THE BELL OF VICTORY.
LOOK AT TODAY AS IT IS LIFE,
AND EVERY TOMORROW
AS A VISION OF HOPE.

DAISY Award Recipients Recognized

The DAISY Award rewards and celebrates the extraordinary clinical skill and compassionate care given by nurses every day. This award recognizes nurses who make an enormous difference in the lives of so many people by the superhuman work they do every day. The DCH Health System is a DAISY Award Partner, recognizing a nurse with this special honor monthly. DAISY Award honorees personify DCH Health System's remarkable patient experience. These nurses consistently demonstrate excellence through their clinical expertise and extraordinary, compassionate care. Patients, visitors, nurses, physicians or employees may nominate a deserving nurse. In 2015, two oncology nurses, Tammy Clary and Randi Hall, who work at the Lewis & Faye Manderson Cancer Center were honorees of this award. Each DAISY Award honoree is recognized at a public ceremony in her/his unit and receives a beautiful certificate, a DAISY Award pin and a hand-carved stone sculpture entitled A *Healer's Touch*. Additionally, everyone in the unit celebrates with Cinnabon® cinnamon rolls.



Tammy Clary

Tammy Clary

Here's what co-workers wrote about Ms. Clary in their nomination:

"As her co-workers, we would like to nominate Tammy for the DAISY Award because of her compassion to patients in two recent instances. Working in an outpatient setting, it is not common to see patients who are unable to care for themselves. [In the first instance], we had a patient who regularly comes to the clinic with very dirty hair. Tammy ordered shampoo caps and very delicately approached the patient about washing her hair. Tammy took lots of time and washed the patient's hair twice. She then combed the patient's hair and continually complimented her on how great she looked.

"The second instance involved another patient who had very poor hygiene. This patient in in a declining state of health and does not have any family members to help him. This is an indigent patient who does not have running water at home. The patient presented to

the clinic very sick and confused. It was obvious that the patient had been unable to do basic hygiene care in several days. Tammy took the patient into the bathroom and gave him a complete head-to-toe sponge bath. She dressed the patient in clean scrubs and clean socks. Later that day, the patient was admitted and subsequently placed on hospice care. I know the patient felt so much better to feel clean and have on clean clothes. We also know that he will never forget the special attention and care provided to him by Tammy.

"Tammy always provides excellent care to her patients, but in these instances she went above and beyond and made these patients feel loved. For this reason, we believe she should be the recipient of the DAISY Award."



Randi Hall

Randi Hall

Ms. Hall was nominated by an employee. Here's what the person wrote:

"I would like to nominate Randi Hall, RN, Manderson Cancer Center. She is an RN in the Infusion Room. Randi should be chosen for the DAISY Award due to the extraordinary care that she not only displays on a daily basis to our patients, but the example below will show how she goes above and beyond caring for patients. It takes heart to do the job, and she went the extra mile for the patient."

A cancer patient had a procedure in another department which didn't finish until after 5 p.m. Her normal means of transportation is a Tuscaloosa Transit van, but they end pickup at 5 p.m. Randi went above and beyond to be sure that the patient got home. This is something she didn't have to do, but by doing so it shows the compassion that she displays when caring for her patients.

"Randi not only displays compassion at work, but she also participates in missionary trips with her church, unselfishly dedicating time to help others. In addition, she helps in the community."

Behind the Ribbon

In the fall of 2014, The "Behind the Ribbon" program at DCH was developed to provide every newly diagnosed breast cancer patient with a visit from a specially trained breast cancer survivor. This program was made possible by the DCH Health System, the Lewis and Faye Manderson Cancer Center, DCH Volunteer Services and The DCH Foundation.

Through our program, we are able to provide comfort and encouragement by providing patients with the opportunity to talk to someone who has shared a similar experience. This is something we feel is of great benefit and needed for each patient. Through peer-to-peer support, fears can be eased, relationships can be formed and concerns can be addressed. The comfort and encouragement provided from a survivor is immeasurable.

The Behind the Ribbon program matches specially trained breast cancer survivors with newly diagnosed patients prior to their breast cancer surgery to provide support, inspiration, as well as educational resources and information. Visiting survivors provide patients with the opportunity to talk to someone who has shared a similar experience and answer non-medical questions. All volunteers are breast cancer survivors from DCH and are specially trained and oriented to make visits with newly diagnosed breast cancer patients.

Program Goal:

To provide every newly diagnosed breast cancer patient at DCH with a visit from a Behind the Ribbon volunteer prior to surgery. From January 1 – December 31, 2015 the program had a total of five volunteers and there were a total of 168 completed visits.

Manderson Cancer Center Support Groups

The Lewis & Faye Manderson Cancer Center hosts the following support groups. If you are undergoing treatment or are a cancer survivor please consider joining.

- Pet Pals Animal Assisted Therapy
- Heart: Healing with the Arts
- Behind the Ribbon Breast Cancer volunteer program
- IMPACT: Breast Cancer Support Group
- Leukemia and Lymphoma Support Group
- Prostate Cancer Support Group
- Look Good...Feel Better
- Cancer Wellness

Education and Prevention

The Lewis and Faye Manderson Cancer Center at DCH Regional Medical Center is an integral part of the West Alabama community. The physicians and staff at the Manderson Cancer Center strive to promote wellness and health to the community they serve by being good stewards of health care.

Breast cancer is the largest cancer site treated at DCH Regional Medical Center. During 2015, this area was addressed through screening and educational programs.

Breast Cancer Screenings and Education

The Manderson Cancer Center reaches out to the uninsured and/or underinsured segment of our community by offering ways for these women to receive mammograms.

Two separate screenings are held each year in October at the Manderson Cancer Center in conjunction with Breast Cancer Awareness Month.

On October 12, 2015, the Manderson Cancer Center breast screening was held. Clinical breast exams and education on breast health and early detection were offered. Ninety-nine women were screened and educated. Eighty-four women scheduled mammograms; six received mammogram and ultrasound. Qualified women were scheduled for mammograms and follow-up services.

Summary of Effectivness:

Pre-Test Results	Post-Test Results
 99 pre-tests were given Age Range: 40-85 Family History: 39/99=39% had a family history of breast cancer 82% knew how to do a self-breast exam 63% do monthly self-breast exams 	 78/99 responded to the post-test 78% learned something new about performing self-breast exams 82% said that after the education received they would perform monthly self-breast exams

On October 26, 2015, the Manderson Cancer Center offered a Hispanic Breast Cancer Screening. Eighty-seven women were screened with clinical breast exams and educated on breast health and early detection. Fifty-six women scheduled mammograms, and six received mammogram and ultrasound. Qualified women were scheduled for mammograms and follow-up services.

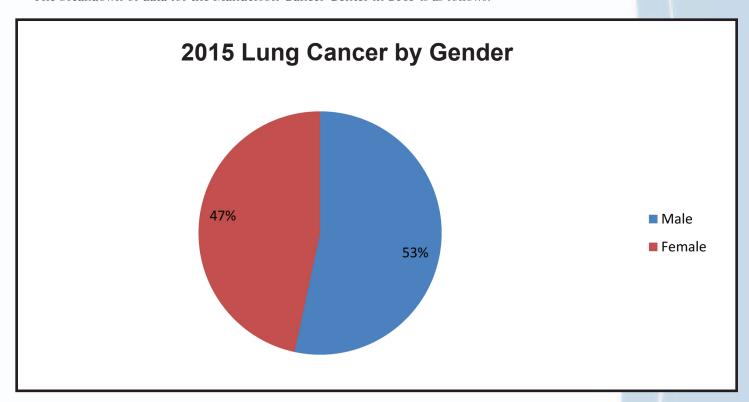
Summary of Effectiveness:

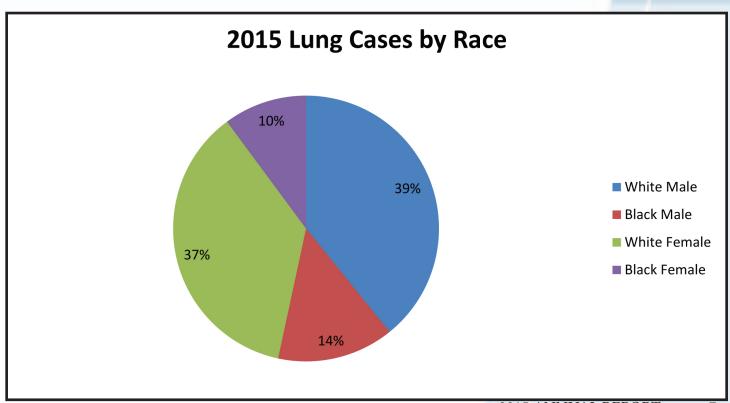
Pre-Test Results	Post-Test Results
• 85 pre-tests were given	87 post-tests were given
• Age Range: 22-78	• Age Range: 30-73
• Family History: 15/85=18% had a family history of	• 96% learned something new about performing self-
breast cancer	breast exams
• 93% knew how to do a self-breast exam	51% said that after the education received they
• 73% do monthly self-breast exams	would perform monthly self-breast exams

Lung Cancer Statistics

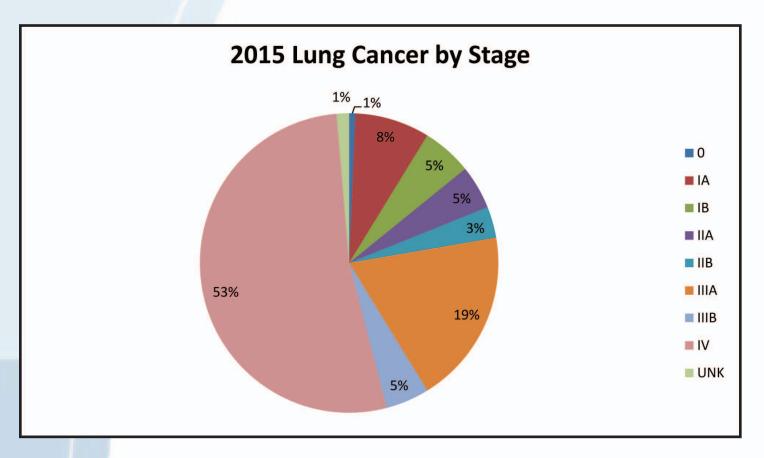
In 2015 the Manderson Cancer Center saw a total of 1,074 newly diagnosed cancer cases. The third largest cancer site for the Manderson Cancer Center in 2015 was lung. According to the Alabama Statewide Cancer Registry, from 2004 – 2013 Tuscaloosa County's incident rate for lung cancer was 74.9 per 100,000; this is above the state of Alabama rate, which is 73.8.

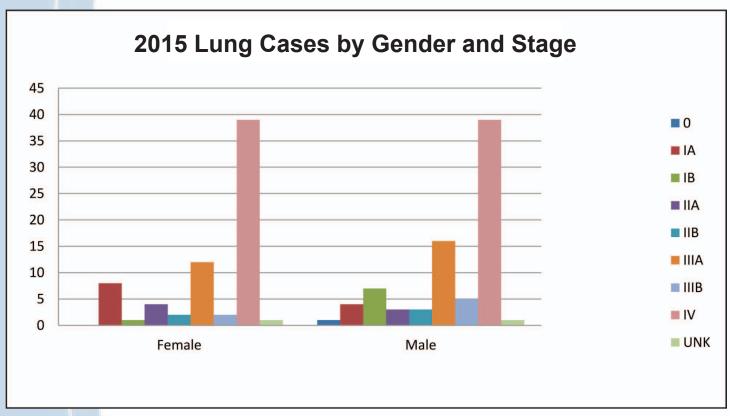
The breakdown of data for the Manderson Cancer Center in 2015 is as follows:





Lung Cancer Statistics continued





Research and Clinical Trials

The Lewis & Faye Manderson Cancer Center has recently been approved as a National Cancer Institute (NCI) Central Institutional Review Board Signatory Institution. We are also an affiliate member of NRG Oncology, which brings together the research areas of the National Surgical Adjuvant Breast and Bowel Project (NSABP), the Radiation Therapy Oncology Group (RTOG) and the Gynecologic Oncology Group (GOG). NRG Oncology has been awarded a grant by the National Cancer Institute (NCI) as a member of the NCI National Clinical Trials Network (NCTN).

Below is a list of clinical trials that are currently offered at the Manderson Cancer Center. For any questions or to learn if you qualify for a trial, please call (205) 759-6237 or email cancer.research@dchsystem.com.

NRG-CC001 – A Randomized Phase III Trial of Memantine and Whole Brain Radiotherapy with or without Hippocampal Avoidance in Patients with Brain Metastases	This study compares memantine hydrochloride and whole-brain radiotherapy with or without hippocampal avoidance in reducing neurocognitive decline in patients with cancer that has spread from the primary site (place where it started) to the brain.
NRG-CC003 – A Randomized Phase II/III Trial of Prophylactic Cranial Irradiation with or without Hippocampal Avoidance for Small Cell Lung Cancer	This trial studies how well whole-brain radiation therapy works and compares it with or without hippocampal avoidance in treating patients with small cell lung cancer.
NRG-LU001 - Chemotherapy and Radiation Therapy With or Without Metformin Hydrochloride in Treating Patients with Stage III Non-small Cell Lung Cancer	This trial studies how well chemotherapy and radiation therapy given with or without metformin hydrochloride works in treating patients with stage III non-small cell lung cancer.
2013-0609 – Biospecimen Banking and Biomarker Validation for Lung Cancer Early Detection in Co- hort Receiving Low Dose Helical Computed Tomog- raphy Screening	This is a multicenter study led by MD Anderson to establish a Biospecimen repository from a cohort of current and former smokers who meet the criteria for low dose helical tomography (LDCT) screening.
INSIGHT – An Observational Study Assessing the Clinical Effectiveness of Veristrat® and Validating Immunotherapy Tests in Subjects with Non-Small Cell Lung Cancer	The primary purpose of this study is to assess the physician's clinical practice patterns while using Veristrat in subjects with non-small cell lung cancer whose tumors are epidermal growth factor receptor (EGFR) wild-type or EGFR negative.
Connect MDS and AML: The Myelodysplastic Syndromes (MDS) and Acute Myeloid Leukemia (AML) Disease Registry	The purpose of this study is to observe and collect data for patients with Myelodysplastic Syndromes (MDS) or Acute Myeloid Leukemia (AML).
National Breast Cancer and Lymphedema Registry	This registry will provide documented support for the potential importance of pre-emptive strategies for breast cancer- associated lymphedema.
PNH Registry: Paroxysmal Nocturnal Hemoglobin- uria Registry	This Registry is a non-interventional study that has been designed to capture safety and effectiveness data for Soliris®, as well as to compile data on the natural history and management of patients with PNH.

Discrimination is Against the Law

DCH Health System complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. DCH Health System does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. DCH Health System:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact our Corporate Director of Compliance at (205)759-7111.

If you believe that DCH Health System has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Corporate Director of Compliance DCH Health System 809 University Blvd. E. Tuscaloosa, AL 35401 205-759-7111 TTY 1-866-237-0173 info@dchsystem.com

You can file a grievance in person or by mail or email.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD) Complaint forms are available here.

Arabic

ات صل إذا كا نت تحدث اذكر الالغة، فإن خدمات المساعدة الالغوية توافر لك بالمجان. ملحوظة: مقر 7111-759-759- برقم 1

Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-205-759-7111 (TTY: 1-866-237-0173)。

French

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-205-759-7111 (ATS : 1-866-237-0173).

German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-205-759-7111 (TTY: 1-866-237-0173.

Gujarti

સુયના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહ્યય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-205-759-7111 (TTY: 1-866-237-0173).

Hindi

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1--205-759-7111 (TTY: 1-866-237-0173) पर कॉल करें।

Italian

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-205-759-7111 (TTY: 1-866-237-0173).

Japanese

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-205-759-7111 (TTY:1-866-237-0173) まで、お電話にてご連絡ください。

Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-205-759-7111 (TTY: 1-866-237-0173) 번으로 전화해 주십시오

Portuguese

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-205-759-7111 (TTY: 1-866-237-0173).

Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-205-759-7111 (телетайп: 1-866-237-0173).

Spanish

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-205-759-7111 (TTY: 1-866-237-0173).

Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-205-759-7111 (TTY: 1-866-237-0173).

Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-205-759-7111 (TTY: 1-866-237-0173).

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Contributors:

Adrian Newson, Director of Manderson Cancer Jamie Pearson, RN, Quality Outcomes Hind Hamid, Pharm-D, Oncology Pharmacy Manager Sandra Barger, RN, Outpatient Nurse Manager NeShelle Hutton, CTR, Tumor Registry Supervisor Katrina Lewis, RN, Patient Navigator Danielle Daniel, RN, Clinical Research Coordinator

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