

# DCH Health System Benefits Summary

## Medical Bi-weekly Rates \*

|                |          |
|----------------|----------|
| Employee       | \$53.80  |
| Emp + Child    | \$151.15 |
| Emp + Spouse   | \$204.40 |
| Emp + Children | \$220.80 |
| Family         | \$298.40 |

## Dental Bi-weekly Rates

|              |         |
|--------------|---------|
| Employee     | \$12.20 |
| Employee + 1 | \$21.75 |
| Family       | \$37.75 |

## Vision Bi-weekly Rates

|          |        |
|----------|--------|
| Employee | \$3.02 |
| Family   | \$7.58 |

Coverage effective first day of month following hire date or benefit eligibility date bi-weekly premiums are deducted pre-tax.

**Visit the Employee Portal on The Loop for more information or to enroll in benefits.**

Effective: 01/01/2027

Blue Cross PPO Medical Insurance  
Blue Cross Dental Insurance  
Superior Vision coverage  
DCH Health & Wellness Clinic  
DCH Retail Pharmacy  
Employee Wellness  
Employee Discounts  
DailyPay

### Employer-Provided Benefits:

Term Life Insurance - coverage based on job  
Basic Long-Term Disability Coverage  
Employee Assistance Program  
Paid Time Off  
Tuition Assistance

### Voluntary Benefits:

Medical and Dependent Care Flexible Spending Accts  
Long-Term Disability Coverage - Additional 20 percent  
Short-Term Disability Coverage  
Term Life Insurance - up to four times basic amount  
Dependent Term Life Insurance  
AFLAC Cancer Coverage  
Nationwide Pet Insurance

### Retirement Plans:

403(b) Tax Shelter Annuity Plan  
ROTH Plan

